

The Mass Poisoning Of Humanity.

An Exploration of Human Stupidity

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The mass poisoning of humanity: an exploration of human stupidity As human beings, we're the only species stupid enough to actually poison ourselves. As part of modern living, we create a wide variety of chemical toxins that go into the ecosystem through rivers and streams, the air, the soil and so on. Not only that, we actually synthesize toxic chemicals and then inject them directly into the food supply -- knowing full well that they are poisonous and are major contributors to the epidemic rates of chronic disease we are experiencing today.

What are these chemicals I'm talking about? Well, you're about to get a whirlwind tour of humanity's toxic chemicals. And if you look at toxic chemicals, you have to start in the realm of dentistry, because in no other profession (save medicine) will you find the use of so many toxic chemicals that are deliberately prescribed to patients or injected into their bodies. We're talking about, of course, mercury fillings and fluoride dripped into the public water supplies.

Dr. Poison Mercury, DDS

When we talk about mercury fillings, you have to keep in mind that mercury is simply one of the most toxic substances you can put into the human body, aside from radioactive substances. Right now, today, dentists all across the country and around the world are taking this highly toxic metal and literally putting it into the teeth of human beings. Those teeth are then used to chew food, and as a person chews; they effectively grind away the surfaces of these mercury fillings. These fillings release gas mercury vapor and mercury particles, which people then breathe into their lungs, or digest in their stomachs.

Now, I can understand that maybe 50 years ago, the dental industry was too ignorant to realize that it was advocating this toxic metal and putting it into patients' mouths. The industrial revolution is full of examples of companies

that used lots of toxic substances and therapies, thinking they were good for you. Recall the X-rays and radiation of the first half of the twentieth century; people thought that radiation was great for you. Manufacturers were equating radiation with energy and thinking that if you consumed radiation pills, you would be more energetic. These were actually sold and sponsored by physicians and doctors, it was a mainstay of the medical industry in those days.

Later, we had the lead issue with industrial companies like DuPont, which has an interesting history in the manufacture and distribution of lead. People were convinced lead was great for everything. They put it into the gasoline, and leaded gasoline was born. We later found out that lead causes nervous system disorders and that it's very unhealthy to have lead emissions in the air. We ended up getting rid of lead paint, and banning the use of lead in foods and cosmetics.

But for some reason, today dentists still think mercury is perfectly good for you. It's like they're living in the Dark Ages. Gee, why don't they have you swallow radiation pills at the same time they're putting mercury fillings in your mouth? That way you can be energized and have fillings, too!

Some of the greatest quackery in the world right now takes place in dentists' offices; and dentists strongly deny the problems associated with mercury toxicity and mercury fillings. Of course, I don't mean all dentists; some dentists are slowly coming around to this issue. In fact, these selected dentists are leading the change; they are pioneering dentists, just as those in the world of medicine that are trying to change conventional medicine.

These few dentists that are trying to make changes and get mercury fillings banned deserve tremendous credit for taking the lead and standing up and fighting against the dogma of their own industry to protect their patients. There's no doubt in my mind that within a few years, mercury fillings will be banned and they will join the ranks of lead paint, asbestos insulation, leaded gasoline and radiation pills. They will go into the historical annals of bad medicine, and some day future generations will think we were absolutely crazy to be putting mercury in people's mouths.

More Poison From Dentists - Fluoride

That's not the end of the toxicity in the world of dentistry, we also have dentists pushing for, get this, the dripping of a highly toxic chemical waste product into the water supply... a substance that's scraped off the smokestacks of industrial polluters. They want every person in the community to actually drink this substance.

This material is a toxic waste that's regulated by the EPA. It would be illegal to drip it into a river or a stream, but for some reason, it is perfectly legal to drip it into the public water supply and let people drink it. It's a bizarre cycle of rationalization that can only be called medical lunacy. They no longer consider this toxic substance toxic if it passes through the bodies of human beings first. What substance am I talking about? Fluorosilicic acid, otherwise known by its short name, fluoride.

Across the country and around the world, dentists are insisting that we drip fluoride into the public water supply. For what purpose? To protect the teeth? Can you be serious? People are swallowing this liquid. They're not rinsing it in their mouth and spitting it out, they're ingesting it. Now as a result we have fluorosis, and bone disorders that are related to the over-consumption of fluoride.

For some reason, dentists have decided that they now have medical degrees, and that they want to medicate the entire population with a drug, a biologically active drug, without first diagnosing any individual in that community. In other words, they want to medicate everyone across the board with the exact same dosage, regardless of that person's individual health needs, and regardless of how much other fluoride they may be exposed to on a regular basis. This is the insanity of the modern dentistry community. Remember, these are the same people that want to put mercury in your mouth, so it only makes sense that they also want to poison your entire body by putting fluorosilicic acid into the water supply.

They don't call it fluorosilicic acid of course, because that might scare people. They call it fluoride -- and in fact they will even deceive the public and call it "naturally-occurring fluoride." There's nothing natural about fluorosilicic acid.

If you go to any community water supply where they are dripping so called "fluoride" into the water system, you will find out where they actually get the fluoride -- ask them, "Hey, do you dig this out of the ground in natural fluoride deposits?," and they will tell you "No, we buy it from an industrial waste processing company because it's cheaper than fluoride out of the ground." I've asked this question myself of people who are in charge of dripping fluoride into the public water supply, and that's exactly what they have told me. You can verify this yourself and find out just how your local community is poisoning you and your family with this highly toxic waste chemical.

How To Poison The Entire Population

Again, we are the only species stupid enough to actually poison ourselves.

And we do it in highly efficient ways. If you want to poison a population, there's no easier way than to drip a substance into the water supply. And if you really want to make sure everyone is poisoned, you would pass laws that mandate the dripping of this poison into the water supply (i.e. fluoridation laws). That would ensure that everybody gets some, whether it's an infant, an adult or a senior citizen. This is increasingly what is happening across the United States and around the world.

There's absolutely no good science behind any of the fluoride arguments. Even if they were using genuine natural fluoride, there are no studies that show the ingestion of fluoride decreases the incidence of dental caries in modern society. Yet this myth persists in the dental community, and the American Dental Association stands firmly behind this national poisoning agenda. They will call anybody who disagrees with it a "nut," and they will say that every population must be fluoridated -- for their own good, of course. That's the only way to ensure they have healthy teeth, the logic goes.

Put More Chemicals In Our Food, Please

If you wanted to poison the entire population, but you were worried that not everyone drinks from the water supply, there is another way: just poison the food supply. This, too, is happening today, with food manufacturing practices and the FDA looking the other way on toxic food ingredients.

Our population is being poisoned with artificial chemical sweeteners. Let's take a look at these. Aspartame is a sweetener that was never proven safe; in fact, the original safety recommendation panel at the FDA recommended that aspartame be denied approval as a safe food ingredient. It was none other than Donald Rumsfeld at the time who helped push aspartame through the FDA to get it legalized as a food additive.

Today, we now see the vast majority of complaints of food side effects sent to the FDA being caused by aspartame. Aspartame is an excitotoxin, that is, a neurotoxic chemical, and it breaks down in your body into both formic acid and formaldehyde. Now, would you like to go out and drink some formaldehyde? Well, you might do that if you were a biological specimen that needed to be preserved for dissection, but if you're a normal, healthy, sane human being, you'd never drink formaldehyde. Unless, of course, they put it in an artificial sweetener compound and added it to cans of your favourite carbonated soft drink, in which case Americans will gladly drink formaldehyde in can after can, poisoning their nervous systems, going half blind, experiencing epilepsy and increasing the onset of neurodegenerative disorders such as Alzheimer's disease.

Again, we're the only species stupid enough to actually poison ourselves with these chemicals. And yet we have entire groups, food lobbies and public apologizers who run around saying that these ingredients are perfectly good for you. There's nothing wrong with drinking formaldehyde and formic acid. You'll be fine! Drink more! Here, in fact here's a 50 percent more coupon, so you can buy even more!

Want Some Chlorine In Your Food Today?

Some say, "Well, aspartame is on the way out -- the big sweetener now is Sucralose or Splenda." This is the artificial sweetener that claims to be made from sugar. Well, I suppose you can claim that it starts out as sugar, but it's made by removing some of the atoms from sugar and replacing them with atoms of chlorine, which is of course one of the chemical elements used during the atrocities of World War II to create poison gas, the same element used in chlorine to disinfect pools and public water supplies.

When it's put that way, you might start thinking, "Well, gee, maybe there's something wrong with this sugar, maybe I shouldn't be putting chlorine atoms into my body." Would you go out and drink chlorine? If you know anybody who works on pools, or who has a pool maintenance business, they will tell you that chlorine gas will kill you. In fact, just to handle chlorine, they have to wear protective rubber gloves and protective respiration devices, because if they get chlorine powder wet and touch it or inhale it, they are in for a world of hurt. Chlorine gas can cause serious injury or even death. In fact, if you just take household ingredients like chlorine bleach and mix it with ammonia, you will create a highly toxic gas that will literally kill you, which is why these products often contain warnings that they should not be mixed.

And yet, in our food supply, we take chlorine atoms and we attach them to molecules that used to be sugar, and we call that a safe sweetener. And now we're putting it into all kinds of foods, whether it's soft drinks, muffins, pancake mixes and pretty much everything in the low-carb arena. I'm not sure people realize that they are actually ingesting chlorine atoms. Maybe they're too dazed from the fluoride.

Okay, so far we have dentists putting mercury fillings in your mouth that give off mercury vapor and cause neurodegenerative disorders such as Alzheimer's disease. We have the same insane dentists mandating the dripping of EPA-regulated environmental pollutants into the public water supply, making sure that human beings in the United States have to drink toxic waste product... after which it enters into the rivers and streams as part of human waste, even though if such chemicals were dripped directly into the rivers and streams in this country it would be a violation of federal law.

We have food and beverage companies using artificial chemical sweeteners to replace sugar and claiming that their products are healthier than sugar products. And yet, these artificial chemical sweeteners break down into dangerous chemical components such as formaldehyde and formic acid, or they are made with chlorine atoms that simply do not belong in the human body. These chemicals do not appear anywhere in nature attached to a sugar molecule.

Yummy Poison: Hydrogenated Oils

So, what else can the money-hungry corporations think of to put into the food or the water to poison America? They are quite creative and they have a lot of poisons at their disposal. The next terrible poison on the list is hydrogenated oils. They're called brain poisons, and they're present in perhaps half of all the foods found at every grocery store. It's listed right on the label -- you can see it as "hydrogenated oil" or "partially-hydrogenated vegetable oil".

This artificial fat directly causes cardiovascular heart disease, it destroys normal cardiovascular health, it destroys the healthy functioning of the nervous system, it causes brain disorders, it causes heart attacks -- it is one of the most prominent and yet toxic ingredients put into the food supply. It also causes birth defects and essential fatty acid deficiencies in both the mother and her foetus.

And it's put in foods on purpose, for the convenience of the food manufacturers. Hydrogenated oils don't go bad, which means they save money for the food manufacturing companies, because their foods don't go bad on the shelves. And how do you make hydrogenated oils? Well, you don't find them anywhere in nature -- you have to have a chemical processing facility to make hydrogenated oils. And you do it by bubbling hydrogen gas through liquid soybean oil or other types of oils, using a catalyst (in most cases the catalyst is nickel). So with this nickel and the bubbling of hydrogen gas, you get extra hydrogen atoms attached to the molecules in oil, which makes them solid at room temperature. Since they are solid at room temperature, they can be more easily used to make margarine products, or used in crackers and cookies. And all of this, again, is for the convenience of the food manufacturing companies.

Food manufacturers don't care what happens to your health, their job is just to sell food products. If you have a health problem as a result, that's your problem, not theirs. You won't find food companies offering to pay for your medical bills if you have a heart attack from eating hydrogenated oils. They are basically passing the buck and demanding that you pay for the health consequences caused by their foods. In fact, they're working hard to pass

legislation that would outlaw lawsuits against food companies!

Pepperoni-Shaped Poison

Not to be outdone, the meat processing companies in this country also want to make sure they get lots of poison into your food products. It's not enough to just sell you red meat, which is by itself an extremely unhealthy food ingredient that promotes colon cancer, heart disease, obesity and many other disorders, they also have to put cancer-causing chemicals in various meat products.

This makes sure that you get colon cancer from the additives, if not from the red meat itself. This additive is called sodium nitrite, and you'll find it in virtually every packaged meat product found at the grocery store, whether it's pepperoni, breakfast sausage, or bacon. You can buy sliced ham, sliced chicken, deli slices, lunch meat, packaged ham, pepperoni, the meat that goes into soups, the meat that goes into those little lunch trays ... pretty much any form of packaged meat at the grocery store has this toxic ingredient in it. That's why the daily consumption of processed meats has now been clinically shown to produce a 6,700% increase in the risk of pancreatic cancer!

Guinea Pig People

And what is this ingredient again? Sodium nitrite! When you ingest sodium nitrite, it mixes with the digestive juices of your stomach and creates a class of chemical compounds called nitrosamines. These nitrosamines are potent cancer-causing chemicals. In fact, as I've mentioned before, they are so potent that lab researchers actually inject mice with nitrosamines when they want to give those mice breast cancer or other form of cancer they can study. And yet, as humans, we put sodium nitrite (see related e-book on sodium nitrite) right into the food supply. It's almost as if we were treating the entire population as lab rats -- and in fact that's not far from the truth.

Drugs are frequently released in this country on an experimental basis, using the population as guinea pigs to find out how many people might die from that drug in order to get more safety data. Let's face it, when the FDA approves drugs for public use, they are not at all proven safe. The American public is routinely treated as a collection of guinea pigs in order to promote prescription drugs, foods, artificial sweeteners or other elements.

Toxic Personal Care Products

So now we've got toxic chemicals in our mouths, in our public water supplies, and in our foods and beverages. Where else can money hungry

corporations put toxic chemicals into our immediate environment and get them into our bodies? Well, think hard and you might come up with some other ideas. Let's look at the personal care products industry, because practically every brand name shampoo, cologne, perfume, deodorant, antiperspirant or other personal care product on the market is made with toxic fragrance chemicals. These can contain solvents, carcinogens and compounds that are registered in government databases as having strong liver toxicity.

The reason these ingredients are allowed in these products are because the FDA has mistakenly assumed for many, many years that whatever you put on your body doesn't get absorbed into your body. They think, for example, that you could just coat your body with toxic chemicals and you would be fine, because your skin is a barrier. I've even heard pharmacists tell me that the skin is a great barrier, so whatever you put on your skin won't go into your body.

That's utterly ridiculous! As pharmacists, haven't these people ever sold nicotine patches? How do you think those work? They work by releasing nicotine that gets absorbed directly through your skin into your bloodstream. If your skin didn't absorb nicotine, the nicotine patches wouldn't deliver a dosage. You have to be half-crazy to think that the skin is some kind of permanent barrier that keeps out everything you put on it.

In fact, the skin is very porous -- the skin breathes. Yes, it keeps out bacteria, but it sure doesn't keep out chemical solvents, and it doesn't keep out molecules as big as nicotine. Nicotine molecules are not very small, by the way. There are many things that go right through your skin, and those include fragrance chemicals, solvents, and a lot of other toxic ingredients that are found in personal care products. One such ingredient called MIT was recently discovered in most brand-name shampoos, and this MIT ingredient is known to cause brain cancer.

Voluntary Chemical Suicide

So now we are really stupid as a species, because we've poisoned our mouths, our water supply, our food, our beverages and even our shampoos and personal care products. And if you use dryer sheets, then you've got your clothes poisoned as well, they're coated in a layer of toxic chemicals found in dryer sheet products. So what else could we use to poison the population? There are still many other options.

One way would be to sell a toxic chemical that people voluntarily put into their mouths because another person in a position of authority told them to do so. This is describing the prescription drug industry, where people are

poisoning themselves each and every day with toxic painkiller drugs like COX-2 inhibitors or toxic anti-cholesterol drugs like statin drugs. People are poisoning their minds with antidepressant drugs that promote violent behavior and suicides. They're poisoning their cardiovascular system with beta-blockers and other drugs. And of course they're poisoning their livers.

And yet people volunteer to do this -- each and every day they will put these toxic chemicals into their bodies simply because someone with a degree from a school of disease (also known as medical school) told them to do so. And, not only that, they will actually pay for the privilege of poisoning their own bodies.

They'll pay good money too, not just a few hundred dollars a month, but several thousand dollars a month. Some people will spend six figures a year poisoning their bodies because their doctor told them to do so. And, then when something goes wrong and they have a small tumor show up on a mammogram, or some other blood test comes back positive that indicates they may have some sort of cancer tumor, they will gladly pay another \$100,000 or more in order to destroy their entire immune system with a treatment known as chemotherapy.

They will literally sit there and let other doctors inject highly toxic poisons directly into the bloodstream and allow them to circulate through their body. How toxic is this stuff? Well, gee, think about it, your hair falls out, you get sick and you vomit -- are these signs that maybe this stuff doesn't belong in your body? I don't know about you, but I think that's a very strange way to heal someone.

If I were a medical professional and I were healing someone, and I had them do something which made their hair fall out and they started vomiting and it looked like they were going to melt away right before my very eyes, I would think that, hey, maybe this isn't good for them.

But that's not what conventional oncologists think. They think, oh, this is great stuff. Look, we're going to destroy the cancer tumor and, if we're lucky, there may even be a patient left by the time we're done. And if not -- that's alright, as long as they pay the bill.

Official, Government-Approved Drug Dealers

We as a species actually have a class of professionals, highly-paid professionals, who we give the right to poison us with toxic chemicals. These people are called doctors. I call them drug dealers. Just like illegal drugs, their drugs kill people. The main difference is that these "legal" drugs enrich politically influential corporations, whereas illegal drugs enrich drug

lords. Our national "War on Drugs" is quite selective in its targets, don't you think? Industrial hemp is outlawed, but doping up millions of children on powerful narcotics is perfectly legal: it's called Ritalin.

So, remember, we're the only species stupid enough to actually poison ourselves. And if we don't do it in just one or two ways, we do it in half a dozen different ways! Then we regulate that poisoning, we make it federal law! And we have lobbyists and groups out there defending this use of poison in the food supply, and defending the use of it in cosmetic products and personal care products. We have defenders of the drug industry, people who say, "Yeah, well there was a study five years ago that showed a 1200 percent heart attack increase, but we thought that really wasn't relevant to this drug and we decided to go ahead and market that drug anyway." That's what we have today. And the real details of this gruesome story have only begun to be uncovered. Wait until the rest of the story comes out...

We're #1!

Is it any wonder, with all of the poisoning going on at all the different levels in our bodies, that we are now the most chronically diseased population that has ever been recorded in the history of civilization? It's true -- there is no population that has suffered from diseases like we do in America today. You would have to be clinically insane to not think that there's a correlation between the poison we are putting into our bodies and the diseases we are getting as a result.

Plus, as recent studies have shown, we're the #1 nation in the world in terms of mental disorders as well! Let's see: #1 in obesity, #1 in diabetes, #1 in cancer, #1 mental disorders, and we have the HIGHEST health care costs in the world, too. We have the most expensive drugs in the world. We have more doctors and health care professionals per capita than any country in the world. And, frighteningly, we're the country with the most nukes. Great idea, huh? Put the nuclear weapons under control of the most mentally disturbed population in the world... now if only our leaders were at least sane...

But no, wait a minute -- the doctors are right, all diseases are just genetic. None of these poisons matter, it's just your genes. They say the gene pool of the human race was perfectly fine 100 years ago when people didn't have all these diseases, but it has somehow mutated to a gene pool that gives you heart disease and cancer and osteoporosis and diabetes, and, by the way, there's nothing you can do about it. That's what they want you to believe, because then they take away your power. Then you have no ability to make changes.

Actually, We're Pretty Darned Clever, Aren't We?

Not only are we the most stupid species on the planet, because we're poisoning ourselves, we are simultaneously the cleverest species, because we find ways to justify all that poisoning. We find scientific gobbledygook to claim that, yes, NutraSweet is good for you! Or that these chlorine atoms attached to sugar are great for you, or that mercury in your mouth somehow doesn't have a toxic effect on your body. Or that hydrogenated oils are perfectly fine for your heart health.

We stupidly say if you take those and you drink this weight loss shake made with sugar, you'll be healthy. And if you have this barbaric surgical procedure called gastric bypass surgery, you'll no longer be obese. And if you're not healthy, don't worry; we have magic bullet prescription drugs that will make you even healthier. So we're a clever population at the same time that we're incredibly stupid. Do you know what that's called? That's called being a population of great technicians and lousy healers. And that's exactly what we are today.

Having used the word "stupid" throughout this editorial, I use it deliberately. I don't mean it in the way that a teenager might say, "My stupid little brother flipped me off." I mean it in a more precise way, in the way defined by Dictionary.com:

Stupid:

1. Slow to learn or understand; obtuse. 2. Tending to make poor decisions or careless mistakes. 3. Marked by a lack of intelligence or care; foolish or careless: a stupid mistake. 4. Dazed, stunned, or stupefied.

Can you think of a better word to describe the people around here?

As Einstein once said, "Only two things are infinite, the universe and human stupidity, and I'm not sure about the former."

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